Infant Swim Survival Lessons: What Parents Need to Know About Early Water Safety Skills

Most parents know a splash in the tub is fun—but what if it could save your baby's life? *Infant swim survival* lessons teach crucial skills like the turn and float method, designed to protect little ones when it matters most. At SWIMBABES, our family-run swim school has spent over 85 years perfecting these life-saving techniques with professional adult instructors who truly care. Let's explore how early water safety can bring you peace of mind and confidence.

Importance of Early Water Safety

Understanding the critical need for early water safety can be a game-changer for families. From protecting your child to providing peace of mind, the benefits are numerous and significant.

Infant Swim Survival Benefits

Learning to swim at a young age offers more than just fun: it's about **safety and confidence**. Infant swim survival lessons teach babies how to float, turn, and rest until help arrives. These skills are not just valuable, they are essential. By mastering them, your child gains a lifelong safety net. Parents can watch their little ones grow with the comfort that they’re prepared for unexpected situations.

Drowning Prevention for Babies

Drowning is a leading cause of injury-related death in young children. **Prevention starts with education.** By enrolling your baby in swim lessons early, you’re taking a proactive step toward safety. Lessons focus on teaching kids how to stay calm and float, which can help them survive in an emergency. According to the CDC, **formal swim lessons reduce the risk of drowning by 88%** in children aged 1-4. This statistic underscores the life-saving potential of early swim education.

Why Choose Professional Instructors

Choosing a skilled adult instructors is key to effective learning. At SWIMBABES™, our instructors are not just teachers—they’re lifesavers. With decades of experience, they provide expert guidance tailored to each child’s needs. Professional instructors ensure that lessons are safe and productive, offering parents the reassurance they seek. Most people assume any swim lesson will suffice, but professional guidance can make all the difference.

SWIMBABES: A Trusted Legacy

With a rich history and a reputation for excellence, SWIMBABES stands out as a leader in swim education. Our legacy is built on trust, expertise, and a commitment to safety.

Family-Run Swim School History

Founded in the 1940s, SWIMBABES™ has a **storied history** of teaching swim survival skills. From its inception, the focus has been on safety and family. For over 85 years, we have been a **family-run operation**, ensuring personalized and

attentive service. Our founder, Gay Lee, pioneered survival swimming long before it became mainstream. This legacy continues with a dedication to teaching life-saving techniques to new generations.

Proven Turn and Float Method

Our signature *turn and float* method is a tried-and-tested technique that saves lives. This critical skill teaches infants and toddlers how to **turn onto their back and float** if they fall into water unexpectedly. This method is not just about technique, it's about building instinctive responses that can save lives. It's why parents trust us to deliver safe and effective swim lessons.

Milwaukie Oregon Swim School Advantage

Located in the heart of Milwaukie, Oregon, our swim school offers a unique advantage. SWIMBABES™ provides a nurturing environment where children can learn safely. Our central location makes it convenient for families across the Portland–Milwaukie area. With small class sizes and expert instruction, our swim school is designed to offer the best possible learning experience.

Enrolling in Infant Swim Survival

Enrolling your child in swim lessons is an important decision that grants peace of mind. Here's how SWIMBABES makes this process seamless and supportive.

Baby Swim Lessons in Portland

Parents in Portland and surrounding areas can benefit from our **comprehensive swim programs**. Our lessons are designed to instill confidence and safety in young swimmers. Whether you're seeking foundational skills or advanced techniques, we have a program that fits your needs.

Small Class Sizes for Personalized Attention

We believe in the power of personalized attention. **Our small class sizes ensure each child receives the guidance they need**. By focusing on individual needs, we help children progress at their own pace. This approach not only enhances learning but also builds stronger connections between instructors, parents, and children. Most people think larger classes are adequate, but our approach proves otherwise.

How to Reserve Your Spot Now

Ready to ensure your child's safety in water? **Don't wait until it's too late**. Enroll now and give your child the skills they need to stay safe. You can reserve a spot by visiting our website or contacting us directly. Our friendly team is here to answer your questions and guide you through the enrollment process. Remember, the longer you wait, the more you miss out on essential safety skills. Join us and be part of a community that values safety and education above all.

By taking action today, you're not just signing up for swim lessons, you're investing in your child's future safety and confidence.